

Group Coaching Program

Who would benefit from group coaching:

- Individuals who already know what their blocks are and therefore don't need so much exploration.
- People who want to increase their commitment but don't want the intensity of individual coaching.
- People who prefer community and learn better in group settings.
- People looking for more education instead of fast results.

Group Coaching Clients have identified the following as benefits of the process:

Collaboration and community: Some coaching clients may prefer a collaborative group environment where they learn from the insights and contributions of peers, as they do from their own reflections. Group coaching offers a shared experience through community. They have other people to cheer them on and celebrate with.

Out of the limelight: For clients who are more introverted, the peer learning process may feel less on the spot and provide more time for reflection and articulation of their insights.

Cost: The lower cost for a group coaching process may also be a contributing factor for coaching clients to say yes.

Problem solving: Coaching is great for solving complex problems because it guides and supports group members to closely clarify the problems, identify powerful strategies to solve them, and specify relevant and realistic actions to implement those strategies.

Sharing support and accountabilities for actions: That same support and accountabilities can be used to ensure that group members apply the content that they got from group coaching.

Team building: The close engagement among members and their strong focus on helping each other can quickly form a close and confidential bond in which members come to rely on each other to achieve the goal of the team.

Deep networking: Because members count on each other, they feel free to share more than business cards – they share their needs, open and honest feedback, and useful and practical resources among each other.

Focus: They get a guided program based on their problem areas.

My Team Agreements 10 Month Group Coaching Program

INCLUDES:

My TA Masterclass

- 1.5 hrs. Self-Paced Online Course
- Module 1: Step by step instructions for setting up Agreements with expanded support for creating your vision and selecting topics/prompt questions
- Module 2: Tips and strategies for maintaining accountability
- Module 3: Tips and strategies for initial and ongoing Implementation plus, example activities for professional development



Monthly Group Calls with a focus on:

- Concepts and Strategies from My TA Masterclass
- Implementation Successes and Challenges
- Goal Setting



My TA Library

- Interviews with experts and seasoned practitioners from the field
- Private Facebook community
- Discounts on Featured author's books



My TA Workbook

- Reusable and fully customizable workbook that comes with the ability to insert your organization's name and logo
- Preloaded topics allowing for customization from year to year
- Prewritten expectations based on best practices
- Preloaded prompt questions which get your teams thinking about their everyday practices and routines
- Preloaded accountability boxes, which allows your teams to document their discussions and decisions

My TA Private Facebook Group for support from a like-minded community

Find us on Facebook



Team Agreements

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808-721-7914
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**\$129/month per person
or a one-time payment
of \$1100.00**

<https://teamagreements.com/webinar-registration>